



UNIVERSITIES ROLE IN SUPPORTING STUDENTS' OWN INNOVATIVENESS

ICA-Edu 2023 Enhancing Student Engagement in the Life Sciences
Webinar No 2



MY BACKGROUND

Studies

- 5th year Food economics and Consumption student (2021 ->)
- Bachelor in Environmental and food economics (2018-2021)
- High School exchange in Germany (2013-2014)

Work

- Education coordinator, University of Helsinki –Viikki Food Design Factory (9/2021 ->)
- Fazer (2022-23), Fiskars (2016-2021)

Extra curricula activities

- PRE-GERMINATOR -2022-2023
- Student association 2021-2022
- EIT Food Master class– 2020
- International tutor 2019



WHY DO WE NEED EXTRA CURRICULAR ACTIVITIES?

LIFE IS MORE FUN WHEN THERE IS MORE FUN.





EXTRA CURRICULAR ACTIVITIES?

A range of activities organized outside of the regular school day, curriculum or course intended to meet learners' interests. These activities can help learners become more involved in their school or community and can help them to develop social and soft skills and to promote wellbeing.

Source:

UNESCO's International Institute for Educational Planning



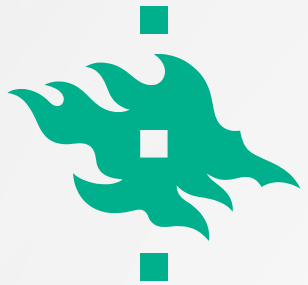
EXTRA CURRICULAR ACTIVITIES?

- Extra courses
- Assistanse in courses (more experienced teaching less experienced)
- Student assosiation working
- Tutoring
 - Etc..



Just a question... :)

WHY TO BE PART OF STUDENTS' LIFE ONLY ACADEMICALLY?



STUDENTS - PEOPLE IN THEIR TWENTIES

- Exciting time in life
- Many kind of people
- Eager, innovative, excited people
- Strick study schedule (1cr- 27h of work – 15cr /period - 405 hours of work in 6 weeks)
 - How do you have time for anything else?



WELL, OF COURSE YOU HAVE!

We know that!



HOW TO SUPPORT THE ACTIVITIES AND WHY?

- Finland – You get credits from many activities
 - GOOD AND/OR BAD!?
 - Free and easy for universities
 - Some people might not study that much – will still do something important
 - Their studies are going forward – people graduating
- Let students tell what they would like to do – give something from that
- Batches?
- Certificates?



OWN EXPERIENCE FROM EXTRA CURRICULAR ACTIVITIES

- Innovativeness - **value for everyone**
- You feel more connected to your university - **meaningfulness**
- Get to know new people from different fields – **connections**
- Multidisciplinary working – **important in work-life**
- Extra courses, something that makes you special - **expertise**
- Learning to organize things your self (events / excursions / etc.) - **proactivity increases**



STUDENTS OWN IDEAS ARE IN OUR CORE

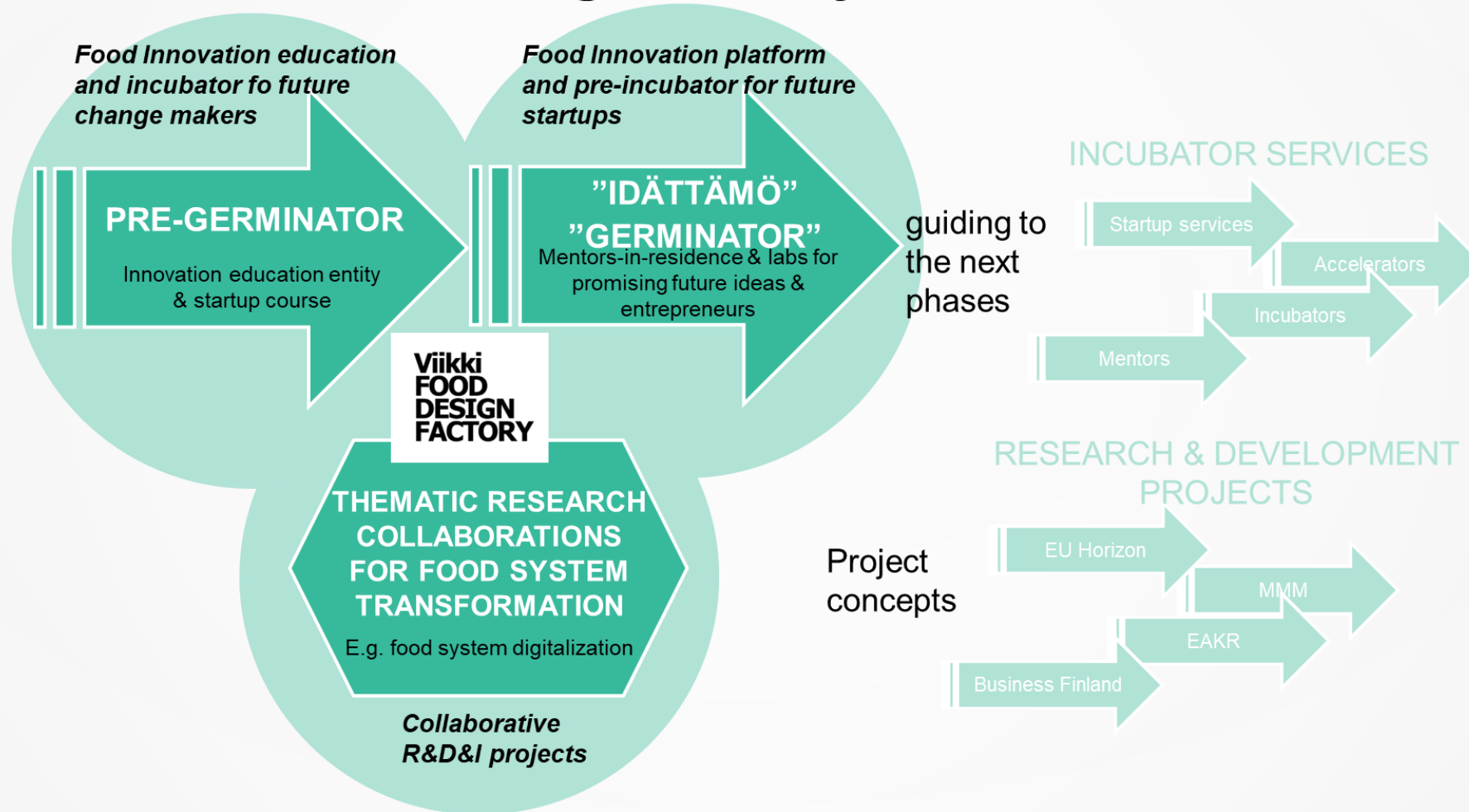
**Viikki
FOOD
DESIGN
FACTORY**

We nurture, nourish and
nudge out
**NEW INNOVATIONS and
INNOVATORS FOR
TRANSFORMING
THE FOOD SYSTEM**

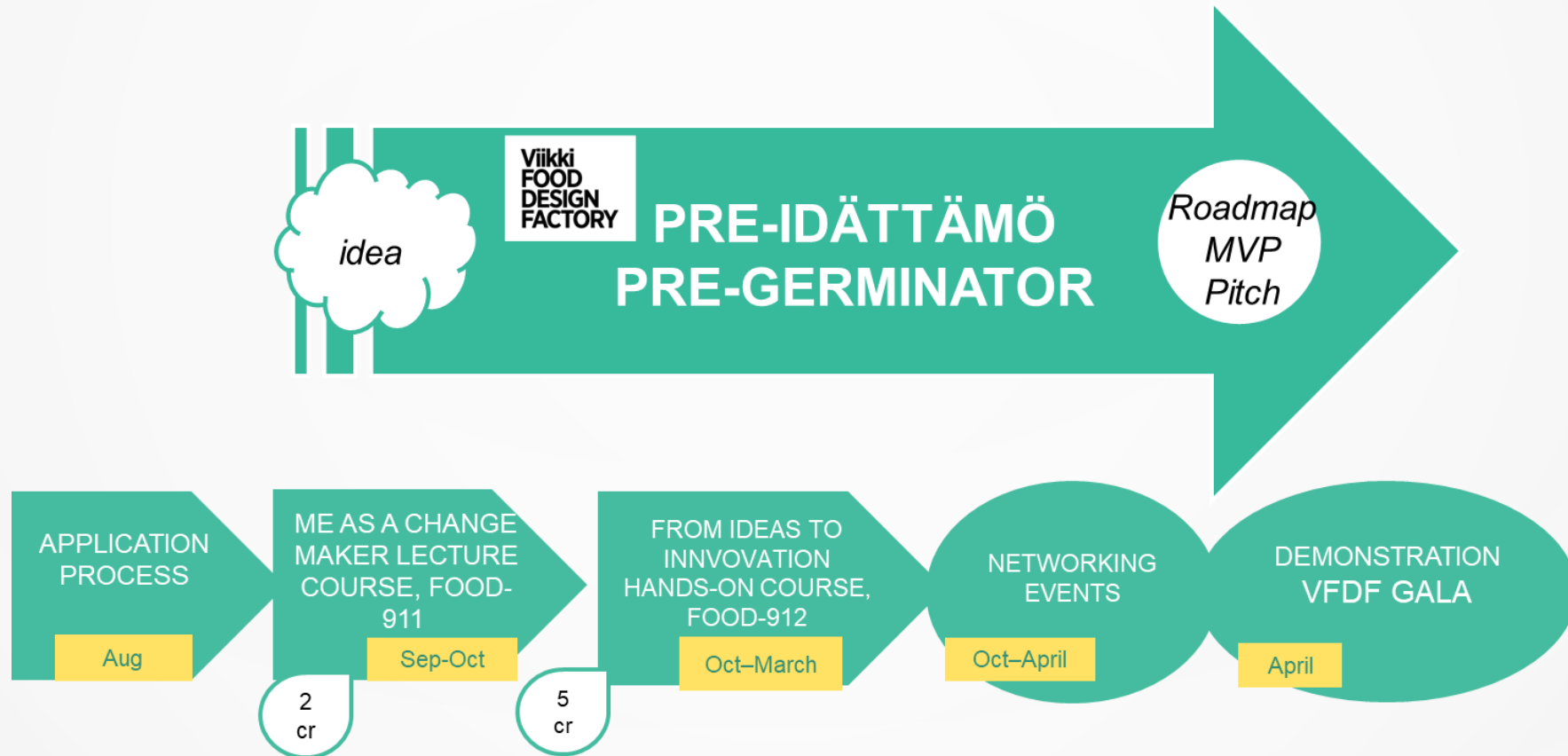


Viikki Food Design Factory

Right to changes reserved 😊



PRE-GERMINATOR PROGRAMME 2022–2023





LET STUDENTS SHOW WHERE THEY WANT TO GO!





THANK YOU!

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